



The Core Presence© Questionnaire

Take a few minutes to answer these questions. If you answered most affirmatively, your next step is to contacting me.

1. Do you secretly want to express more of yourself, but hesitate because you don't want to rock the boat?
2. Communicating from your core takes courage, patience and curiosity. Do you have these traits?
3. Are you tired of switching from your public face to your private face, never truly revealing who you are?
4. Are you motivated by continuous improvement?
5. Are there parts of you that you have kept silent?
6. Do you think those close to you would appreciate you being happier, more expressive and more honest? How would that feel if you could do this with ease, sensitivity and right timing?
7. Are honesty, trust and excellence important values for you?
8. Sure you are successful, but are you living life you want?
9. Are you willing to trust a woman to guide you through this process?
10. Are you willing to break through resistance to change if it arises?

For more information, go to the **Services** page and click on the PDF for the Executive Sessions program or contact me directly.

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We should talk