



A Summary of the Core Presence© Program

This one-on-one consulting/coaching program is designed for successful leaders in any field who want to incorporate more of themselves into their communication and daily living.

What do I mean by that? Often, we create strong personas to help us achieve success, leaving our true selves behind. I know. I've done it. The Core Presence© program can help you move your unique presence into the public eye with style, safety and respect.

It is almost impossible to do this alone. Every person needs fresh perspectives and new ideas to open the door to self-discovery and self-expression and that is why I created this program.

Our confidential meetings are fluid, and often quite fun. I have created a structure for us to follow, but changing course can happen easily. The work is creative, challenging and deeply satisfying.

We meet in person and by phone as often as needed. Sometimes subjects from all four modules are addressed simultaneously. Core Presence© is more than a path of linear learning. It is a path of clear intentions, intuition and heart.

- **Core Presence** True connection to your core presence begins by establishing inner and outer dialogue. Conversation, questioning, discussion and role-playing are the primary methods of inquiry. The goal is to make you feel comfortable acknowledging which hidden talents, natural skills and dreams are ready to express.
- **Presentation Skills** No doubt, as a successful person you have excellent communication skills, but excellence of expression demands practice. Once self-awareness has begun and hidden parts identified, the right presentation skills are practiced to enhance their message.
- **Spectacular Stories** The many facets of the story format are taught to fully understand and respect its power to influence, create change and shape our world. All types of stories from all walks of life are studied. The goal is to make storytelling intuitive and effortless.
- **Communication strategy** Thoughtful planning is a key element to any successful venture. It is an important part of authentic communication, as well. Whether a one-time meeting or a long-term engagement, planning the details is essential.

**When you are authentic, you will engage respect, trust and influence.
A new world of choices will be available to you and others around you.**

Call me